



RESOLVEit's PRU PROJECT

RESOLVEit is a not-for-profit organisation with the core belief that
"Everyone has the right to feel safe".

We specialise in using personal safety and self-defence to engage young people, whilst teaching them valuable life skills including strategies for dealing with challenging situations.

What is the RESOLVEit PRU project?

RESOLVEit's PRU project will offer PRU centres across Wales lifetime access and training to RESOLVEit's PSHE and personal safety workshops, designed specifically for KS2-4 students.

The PRU Project aims to strengthen relationships, as well as helping students to interact in a more positive way while developing a stronger sense of self-worth and confidence.

What's involved?

Staff will receive a **FREE** online Train a Trainer session; providing staff with the skills and knowledge to run the physical elements of the workshop(s).

Email us today to gain a 14 day free access code to our online workshops

Email: Training@resolveitcic.co.uk

Website: www.resolveitcic.co.uk



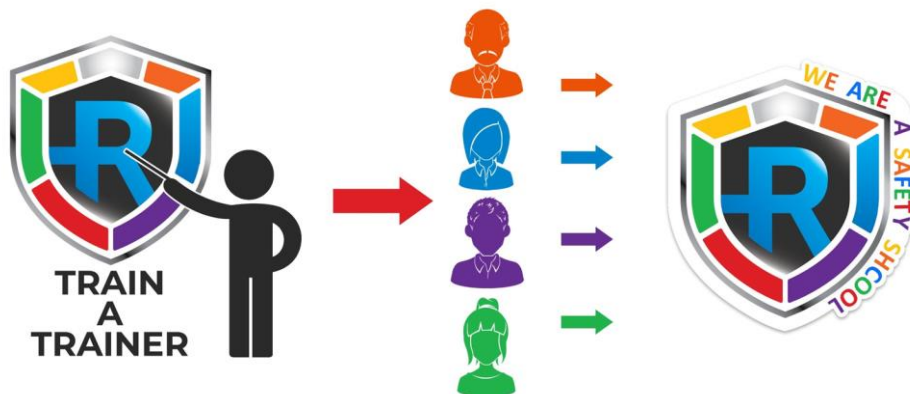
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How does the RESOLVEit PRU Project work?

Every PRU that takes part will receive:



- ✓ An online Train a Trainer (TAT) training for all staff (teaching you how to run RESOLVEit workshops)
- ✓ Lifetime access to all the RESOLVEit workshops and resources – An annual online refresher must be completed
- ✓ RESOLVEit Safety School status, this includes a listing on the RESOLVEit website
- ✓ Access to RESOLVEit online resources, training and support from the RESOLVEit team

RESOLVEit workshops and TAT (Train a Trainer)



Superhero Academy: PSHE for the next generation (Age 6+)

Children's Defender: Keeping children safer (Age 10+)

Safety in Your Hands: Thinking about personal safety in daily life (Age 11+)

Big Night Out: Our sex, drugs & rock n' roll workshop (Age 14+)

All these workshops:



- ✓ Include step by step video of basic personal safety and self defence moves
- ✓ Quizzes, online worksheets and suggested lesson plans

Once staff have completed their TAT session, the following will be available:



- ✓ Online access to the learning platform. Your PRU will receive their own unique log-in details
- ✓ Safety School status. Your PRU will be listed in the online, searchable directory on the RESOLVEit #weareasafetyschool website - listing is free
- ✓ All achievements will be announced on RESOLVEit's social media pages, via a post customised with your school photo, which you can share and use
- ✓ All approved centre/schools will have personal access to resources, video tutorials, workshops, personal safety assemblies, and suggested lesson plans, to help you make the most of your award
- ✓ CPD certificate for staff records
- ✓ Access to any further 'Life Skills' workshops

*These will be based on the Agored Cymru framework